

C.G. Jung Society of Vancouver



“At times I feel as if I am spread out over the landscape and inside things, and am myself living in every tree, in the splashing of the waves, in the clouds and the animals that come and go, in the procession of the seasons. There is nothing...with which I am not linked.”

C. G. Jung MDR p.225

Welcome to our Fall Lecture Series

The society is pleased to be bringing you a trio of lectures on substantial & diverse topics.

Our season opened with a lecture by Pohsuan Zaide, who presented her recently completed doctoral work, which summoned her to wrestle with the reconciliation of the opposites within her own life experience.

Two of our longstanding members heard our October speaker, Daniela Boccassini give her lecture on Dante & Jung, and highly recommended her to us a potential presenter.

We'll be happy to welcome back our November speaker, Beverly Osband, who was last with us when she assisted her husband, Dr. Eberhard Riedel, with his January 2014 lecture here.



September 26

Pohsuan Zaide, PhD.

An Integrated Life:
Reconciling the Opposites Within
and Without



October 24

Daniela Boccassini

On the Wings of the Night:
Jung & Dante's Encounters with Soul
Jung's Red Book & Dante's Divine Comedy



November 21

Beverly Osband, PhD.

Passion, Fate, Courage
and the Dangerous Struggle
for Existence

“But there is no energy unless there is a tension of opposites; hence it is necessary to discover the opposite to the attitude of the conscious mind.”

C. G. Jung Two Essays on Analytical Psychology

An Integrated Life: Reconciling the Opposites Within and Without



September 26

7:30 pm

Museum of Vancouver
1100 Chestnut St. Vancouver

\$10 Members
\$15 Non-Members
Tickets sold at the door

Who has not felt pulled apart by conflicting opposites, or suffered their fragmenting effects?

Yet, patterns of opposition and reconciliation form the basis of psychic life. Indeed, Jung's psychology is founded on the idea of the tension of opposites being the energizing principle of libido, or life energy. But how do we reconcile or live with their potentially disintegrating effects?

This lecture examines the archetype of the *coniunctio*, an alchemical metaphor for the synthesis of opposites, as the foundation for living an integrated life. Jung's complex concept of individuation, the process by which psychic patterns of opposition and reconciliation lead to the formation of a whole personality, is animated with symbolical imagery from ancient alchemy and Pythagorean mathematics. We explore the idea of an integrated life as one in which achieved insight and knowledge is lived ethically—embodied, enacted, and brought back into the world to enlarge and to heal it.

***See Page 5** for an article on *The Archetype of the Coniunctio* by Dr. Zaide



Pohsuan Zaide, PhD. is a psychotherapist, writer, adult education instructor, and group facilitator. She is passionate about bringing the visionary work of Carl Jung out of the clinical-academic world and into public arenas such as education, social/environmental activism, and peace work. Her clinical practice is focused on helping individuals through difficult life transitions, past traumas, and issues related to meaning, purpose, and vocation using a depth psychological approach. She actively encourages everyone to develop curiosity about his/her own depths. Pohsuan has a PhD in Jungian Studies and Transformative Social Change, and a Certificate in Peace and Conflict Resolution.

On the Wings of the Night

Jung & Dante's Encounters with Soul

Jung's Red Book & Dante's Divine Comedy



October 24

7:30 pm

Museum of Vancouver

1100 Chestnut St.

Tickets at the Door

Members \$10 Non-Members \$15

Analogies between Dante's journey to the beyond and Jung's process of individuation have been repeatedly pointed out, since at least Helen Luke's *Dark Wood to White Rose* (1975, 2nd revised ed. 1989). For decades now such parallels have been analyzed and brought to bear among depth psychologists. Yet, these views have been for the most part ignored, or even frowned upon, among Dante scholars. Notwithstanding academia's passion for "theory", a reading of Dante's writings through a Jungian lens comes across, to this day, as arbitrary or anachronistic.

The publication of Jung's *Red Book* in 2009 has introduced a new element into the equation. As Jung himself repeatedly stated, his "scientific" writings stem from, and are rooted into, direct visionary experiences endowed with transformative, and ultimately healing power. The *Liber Novus* is the first and major result of Jung's life-long inner journey, a text in which we can hear the voices and feel the presence of literary forefathers such as Goethe, Nietzsche, Blake and Dante. Thanks to the "textual ground" offered by the publication of the *Liber Novus*, it now becomes possible not so much to read Jung in Dantean terms, or Dante in Jungian terms, but rather to further explore the dynamics and the implications of the visionary, that is to say "imaginal" dimension in whose service both Dante and Jung relentlessly worked.

This talk aims at briefly presenting the circumstances that led Jung to embark upon his visionary inner journey as well as surveying the visionary powers that both Dante and Jung summoned as their guides. Dante called them «mente», «alta fantasia», «ben de intelletto» and made them instrumental to his journey of reintegration. Jung followed Dante's lead in his urgency to return to the inner journey as a search for wholeness, as the sole path that, he deemed, might lead the modern Western psyche out of its deadening spiritual poverty.



Daniela Boccassini is Professor of Italian at the University of British Columbia, Vancouver.

She completed her graduate studies at the universities of Milan and Paris.

Her research interests focus on the human quest for understanding and on the esoteric, heretic, exilic dimensions of existence through which such a quest has always demanded to be carried out in order to survive societal normalization. From the study of various Renaissance expressions of spiritual dissent and Hermeticism (*La parola riscritta. Guillaume Gueroult poeta e traduttore nella Francia della Riforma*, 1985; *La tragédie du sac de Cabrières*, 1990; various articles on Montaigne), she has moved to a comparative analysis of the symbolic processes that sustain the human psyche along its journey to holistic vision and wisdom (*Il volo della mente. Falconeria e Sofia nel mondo mediterraneo*, 2003; various articles on Dante and the way of the heart), and ultimately to an inquiry into the process of inner transmutation (*Dreams and Visions in the Indo-Mediterranean World*, ed., 2009; *Transmutatio, the Hermetic Way to Happiness*, ed., 2012)

Passion Fate Courage

and the Dangerous Struggle for Existence



At the age of 82, C.G. Jung wrote:
“All passion is a challenge to fate and what it does cannot be undone” (1952)

At that time, he was revising his first book, written when he was a young man in his thirties and his relationship with his mentor, Sigmund Freud, was spiraling towards dissolution. At 37, Jung set off on a path with few if any signposts, a path that would find him, at 82, reconsidering his early thoughts about passion and fate.

November
21
7:30 pm

Museum of Vancouver
1100 Chestnut St.

Tickets at the Door
Members \$10
Non-Members \$15

Briefly considering the life trajectories of Olivier Messiaen and Viktor Frankl, both of whom suffered imprisonment during World War II, this lecture begins with the premise that though we may not have suffered the particular horrors they did, we too have our own experiences of fateful loss, illness, trauma, and disillusionment. We too are confronted with demons, internal and external, that challenge our capacity to live the life we have been given to live.

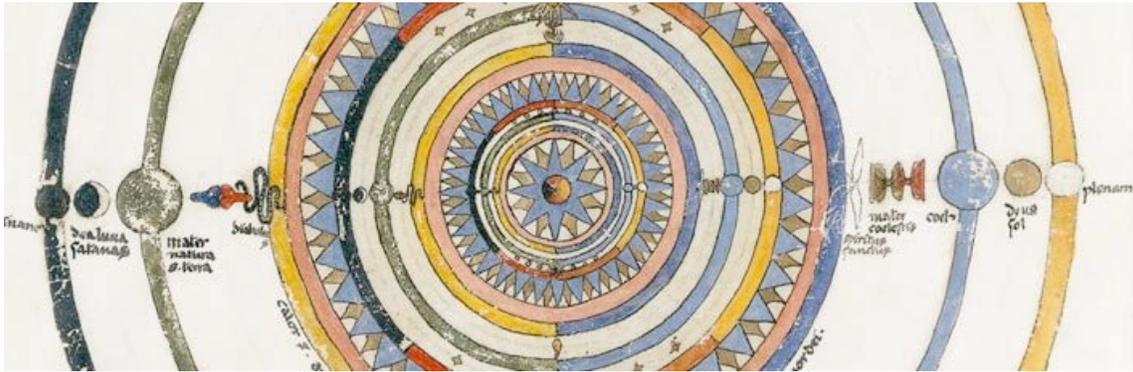
In essence, I explore what it means to invest passionately in life, even as life sometimes means suffering unfulfilled love, disappointed or thwarted ambition, grief and loss. To engage these challenges, to live fully in the face of the anxiety that often comes with difficult life experiences asks that we find within ourselves the courage to go on in spite of all that may have happened and all that we fear might yet happen.

Reflecting on my own fateful life experiences, I acknowledge and explore the tension between the urge to withdraw and the desire to move forward, the ever-present voice that warns against immanent disaster and the longing to create something meaningful, something redemptive. It was in the fierce tension between these conflicting forces that I found myself wondering about the place of courage in the psyche.

In an existential sense, we are all always on the threshold of mortality. What would it mean to live more authentically, to engage the task of realizing our own destiny, face to face with ourselves? In essence, what would it be like to live as if each day is our last, to find within the courage *to be*?



Beverly A. Osband, Ph.D. is a psychoanalyst living in Seattle, Washington. Dr. Osband has a long-standing interest in the phenomena of fate and courage from both psychoanalytical and existential perspectives. She holds a Ph.D. in Clinical and Depth Psychology from Pacifica Graduate Institute, is an Affiliate member of the Interregional Society of Jungian Analysts and Editor of the *Forum*, the newsletter of the Northwest Alliance for Psychoanalytic Studies. She is a passionate gardener, an amateur birdwatcher, and a doting grandmother.



The Archetype of the Coniunctio by Pohsuan Zaide, PhD

The concept of the *coniunctio* helps express the unknown mystery of alchemical processes, but it is also a symbol of the *unio mystica*¹, and as a mythologem expresses the archetype of the union of opposites (Jung, 1954/1982). It can be experienced as the expanded consciousness created by the psychological synthesis of opposites. However, as Jung emphasized, one must consider consciousness as paradoxically both cause and effect of the *coniunctio*. The expansiveness comes about through the co-operation of the two centers of psyche—the ego and the Self. Thus, consciousness and the unconscious represent the first pair of opposites in the emergence and evolution of human consciousness. There are stages of the *coniunctio*, representing increasing higher order consciousness, that are achieved through integration of different categories of oppositional phenomena (Edinger, 1994).

As is characteristic of all archetypes, the *coniunctio*, which is a synthesis or coming together, also has its counter-pole—the *disiunctio*, symbolizing separation or disjunction, fragmentation, or breaking apart of aspects. This tendency is also predicted by Jung's law of opposites as well as by his laws of psychic energy flow. The effect the *coniunctio* symbol has depends on the attitude of the conscious mind—as a symbol, it avails the ego of its multivalency of meanings, and its potential to unite fragmenting entities. The *coniunctio* is a mysterious, transcendent entity represented by many symbolic images in alchemy (Edinger, 1994): (a) the Philosopher's Stone (a pure and incorruptible substance capable of self-replication, and of turning base matter into noble matter); (b) *aqua permanens*, or permanent water (a tincture that penetrates everything); (c) *filius philosophorum* (the son of philosophers, savior of the world); or (d) *pharmakon athanasias* (medicine of immortality). Deeper exploration of these images and ideas point to the fact that they represent psychologically the attainment of qualities of endurance, resilience, purity of thought or idea, wholeness (more of a completeness and inclusiveness than perfection), the presence of the feminine (eros, or relatedness), and consolidation (a more or less stable personality). All of these are things that result from psychological work, which often, though not always, incurs a cost of suffering to some degree. Certainly, the expansion or enlargement of consciousness is both the cause and effect of these transformations. Moreover, as dynamic processes of life, each attainment of "synthesis" is short-lived (though its effects may endure), for there will be other reconciliations required in other areas of opposition, such as life and the evolving consciousness demand.

References

- Edinger, E. F. (1994). *The Mystery of the Coniunctio*. Toronto, Ontario, Canada: Inner City Books.
 Jung, C. G. (1982). *The Practice of Psychotherapy (CW 16)*. Princeton, NJ: Princeton University Press.
 (Original work published 1954)

¹ Jung (1954/1984) traces this idea back to two sources in alchemy: (a) the Christian doctrine of Christ and the Church, *sponsus* and *sponsa*, where Christ represents Sol (sun) and the Church represents Luna (moon); and (b) the pagan idea of the *hierosgamos*, that portrays the marital union of the mystic with God.

Society News

The newsletter returns after its hiatus, during which our website, Facebook Page, monthly email reminders (with lecture flyer) have provided information about the society's ongoing events & activities.

We began 2014 buoyed by our well-attended James Hollis Weekend (complete with orca sightings) in November 2013. This event is always successful, and makes a strong connection with a wider community of people who are vocal, not only in their appreciation for James Hollis, his work, and its impact on their lives, but also grateful to the society for its work and for making the experience possible in such a beautiful & soulful setting at the Museum of Vancouver. As a result of this fundraising weekend, our financial situation is positive & sound, and we are grateful to James Hollis for his ongoing generosity & support for our society, and for Jung Societies around the world.

A very big Thank you to everyone who has volunteered to help us in many different ways, both large & small, throughout the year(s). Your interest in the society's work and your willingness to pitch in and ask, "How can I help?" when you see that we're in need of assistance, or just because, is what helps to keep the Jung Society alive and thriving.



Board Member Joel Kroeker

resigned in May 2014, as he moved to Victoria. Joel served on the society's board from 2010 to 2014, after being a longtime supporter & member of the society. Joel managed our website and took on the role of introducing our speakers, a job he

took very seriously, and accomplished with panache and wit. We'll miss Joel's astute & humorous contribution to our board meetings, and we wish he & Lycia the very best in their new lives in Victoria.

Our Newest Board Member



Hannamari Jalovaara

became our newest board member at our 2013 AGM. She has been a longtime society member and part of the ticket selling team at our lectures for the last few years. Hannamari has a Master's degree in Philosophy, a degree in Art Therapy, and a formal art education. Throughout her professional career, she has drawn inspiration from coalescing her academic endeavours with being a practicing artist. She is particularly interested in mythical, alchemical and archetypal imagery, and their emergence in both her own and her clients' works. Increasingly, her art therapy practice focuses on dealing with pet loss bereavement.

AGM

At this year's June AGM, members filled in a survey and gave us constructive feedback on each of our lectures from November 2013 to May 2014. They also rated their overall satisfaction level with the past year's programming on a scale of 1 to 5, with the majority being 4 or 5. An example comment: *"the last several years of programming have been both ambitious & rewarding."*

Dream-related topics were at the top of the suggestion list for future programming, with *The Red Book* coming in second and *Individuation* third. Peoples' preferences for types of presentations favoured a variety of styles, including everything from the traditional lecture format, to interactive dialogue, panel discussions, power points and onstage conversation with Q & A.

Thanks to everyone who took the time to fill in a survey.

If you'd like to fill in a survey, copies will be available at our Library tables at each lecture.

When we opened the floor for discussion, Kadi Rae suggested we include an art exhibit at the next AGM to give people a chance to see the creative work being done by society members, and to possibly attract a larger audience. People liked the idea, and most importantly, Kadi offered to organize the exhibit, with Mary Bennett volunteering to help out. Thanks to them both, and the board looks forward to next year's artfully enhanced AGM.

Library News

From Terre & David Arscott

Thank you to our dedicated Library Volunteers!

Judith Allan, Lorraine Calame, Carine De Kock, Kiefer Elliott, Enid Muirhead, Lynda Price, David Roomy, and Diane Shoemaker.

We also thank all those who offer to help.

Thank you to all our 2014 book donors:

Eva Allan, John Allan, Karen Bartlett, Michael and Ricki Bertrand, Carol Condruk and Will Tessier, Patricia Dawn, Dixie, Lynn Flitton, Jean Hebden, Hannamari Jalovaara & Friends, Joel Kroeker, Enid Muirhead, Cynthia Nagel, Lynda Price, Joyce (John) Sandercock, Marlene Schiwy, Malcolm Timbers, and Teodora Vladinski.

181 books have been donated so far in 2014

Donations include works by C.G. Jung & classic Jungian authors, for example, Edward Edinger, Aniela Jaffe, Helen Luke, & Marie-Louise von Franz.



Cover image from the book:

The House of C.G. Jung: History and Restoration of the Residence of Emma and Carl Gustav Jung-Rauschenbach by Stiftung C.G. Jung

DVD Donation

Marion Woodman and the Conscious Feminine: Marion Woodman in Conversation with Marlene Schiwy

A copy of this dvd was gifted to the society by Marlene Schiwy & Lael McCall. (6 Dvd set).

This wonderfully generous donation allows us to fill many requests, as it gives us a 2nd copy.

Library Purchases: *The Remembering Jung Series, Conversations about C.G. Jung and his work*, (a 30 dvd set), includes conversations with Gerhard Adler, Barbara Hannah, Joe Henderson, Marie-Louise von Franz, and many others. It is a rich, often witty, in-depth kaleidoscope of conversations.

Bazaar Sales Finds: Clarissa Pinkola Estes *The Power of the Crone: Myths & Stories of the Wise Woman Archetype* (6 Cd set) for \$2.00, Graham Good Rilke's *Late Poetry* for \$1.00, and many other titles. Our accountant, Newton, continues to smile.

Members Who Write: Our members are getting their doctorates and Masters degrees, and writing books, plays & manuscripts. The library has copies of their work to borrow and buy (books & dvds) including works by John Allan, Judith Bertoia, Anne Bosch, David Roomy, Steven Rosen, Paul Shaker, and Marlene Schiwy.

Member & Audience Generosity:

Our January 2014 lecturer, Dr. Eberhard Riedel, psychotherapist & photographer, founder of *Cameras without Borders*, spoke on *Emotional Trauma & Listening with the Heart*, about his work with trauma victims in Africa. Twenty of his matted photographs were displayed on easels and surrounded the audience as he spoke. Three of these photographs and twenty-five of his booklets, *My African Journey: Psychology, Photography, and Social Advocacy*, were sold at the lecture, and including individual donations, raised \$1,245.00 for his non-profit *Camera without Borders* project. Thank you to everyone who made this possible.

Remembrance: Pamela Stroud 1951 – 2014

Pamela was a recent member of the Jung Society.

Her daughters Janna and Amanda wanted our Jung Society members to know she died.

You may remember Pamela by her beautiful, vivacious smile, and that wonderfully purple streaked hair. She became a friend, who recognizing me from the Jung Library, rescued me when I was loaded down with books (of course!) and other paraphernalia, staggering along Broadway. The last Jung Society lecture she attended was in February of 2013.

I felt deeply honoured to know her and will never forget her beauty, intelligence, exuberant spirit, sense of humour, and her lovely, open heart. (Remembrance & photographs, Oct. 24)

General News & Information

The Jung Page (www.cgjungpage.org)

Is one of the most extensive online Jungian resources, hosted & edited by the Jung Center in Houston, Texas.

Examples of Audio downloads on the site:

The Red Book: Is Analytical Psychology a New Religion? Written by Lionel Corbett

How the Changing Media Changes Minds:

Panel discussion with Wynn Barton, Mimi Swartz, John Nova Lomax & Jerry Ruhl

Examples of Articles on the site:

Instinct as Guide: Animals in Women's Dreams written by Barbara Platek

The Red Book: Some Notes for Beginners

Written by Matthew V. Spano



James Hollis has recently moved from Houston, Texas to Washington, D.C. to become the new Executive Director of the Jung Society of Washington, as of October 1st.

We wish him well in his new home and position, and we're looking forward to seeing him in Vancouver again on May 8th and 9th in 2015

Websites, Talks, Articles, Interviews

Inge Missmahl, dancer, Jungian analyst, founder and managing Director of IPSO, Germany (www.ipsocontext.org) has worked in Afghanistan since 2004, where she founded the psychosocial Project Kabul for Caritas Germany, to build psychosocial care into the primary health care system as support for a society traumatized by decades of conflict. This is a link to her TED talk:

https://www.ted.com/talks/inge_missmahl_brings_peace_to_the_minds_of_afghanistan

Article: Citizens as Therapists by Andrew Samuels, Jungian analyst (Society of Analytical Psychology, London) published in *Self and Society*, Vol. 22, no.3, July 1994, pp 25-28

How can we translate our emotional, bodily, and imaginative responses to Bosnia, to ecological conflict, to homelessness, to worldwide poverty...

<http://www.cgjungpage.org/learn/articles/analytical-psychology/63-citizens-as-therapists>

ARAS: The Archive for Research in Archetypal Symbolism www.aras.org

Aras is a pictorial & written archive of mythological, ritualistic, and symbolic images from all over the world and from all epics of human history. It is a collection of over 17,000 photographic images designed to be of use to a diverse range of people, including students, scholars, artists, designers, analysts and psychotherapists.

The New York Centre for Jungian Studies www.nyjungcenter.org

Interviews with presenters from their *Jung on the Hudson* and *Jung in Ireland* programs, for example, Jan Bauer, Quebec analyst & author **on Individuation**:

"I think for Jung the individuation process involved integrating more than the shadow. I think it involved creating a veritable democracy of the psyche. In other words, we need to be open to all the different people and energies we carry within us.

I like Jung's image of the psyche as a boat in which the captain is the ego who must make all final decisions but only after taking into consideration the reality of the weather—our inner moods and outer circumstances—and the voices of the other sailors, the inner figures."

Information about us



The C. G. Jung Society of Vancouver was established in 1981 as a non-profit charitable society under the B.C. Society Act.

The society offers a lecture series from September through May, and a June AGM, in order to provide a forum and resource centre for the exploration and understanding of Carl Jung's analytical psychology and how his ideas & insights may be lived in the world.

Presenters include local, regional and international Jungian analysts and scholars, as well as Jungian-oriented speakers from a variety of contexts & disciplines.

Lecture Series

Friday from 7:30 – 10:00 pm

Lectures are approximately 60-75 minutes followed by a 20 – 40 min. Q & A.

Museum of Vancouver (Joyce Walley Learning Centre), 1100 Chestnut St. (unless otherwise indicated)

Tickets for Members \$10, Non-Members \$15 are available only at the door, unless it's a larger event, in which case tickets are sold for us at Banyen Books

Our Library

Is a valuable resource for the society, with a collection of more than 3000 books, journals, DVD's, CD's, tapes & videos. It also includes recordings of most of our lectures.

While everyone is welcome to browse, borrowing privileges are for current members only.

At each lecture, a relevant selection of books from the library is available at our Library Tables.

All members are welcome to make an appointment to visit the library, and books may be requested by phone or email to be picked up at the next lecture

Members are entrusted with the books in their care and are expected to return them on time. Renewals can be requested by phone or email.

Donations of books, dvd's & cd's in good condition are welcome for both the collection and for resale. Book Sales help us to cover the cost of library rental space & the general maintenance of the collection.

The library is maintained & operated by Board members Terre & David Arscott

It is located at #106 – 2096 W. 41st Ave. 604-261-1590 Web email: library@jungvancouver.org

Board of Directors

President & Newsletter Design/Editor: Carol Condrak

Secretary: vacant

Treasurer: Newton Abramoff, CMA, fulfills the treasurer's duties as a volunteer accountant (not as a board member)

Program Coordinator & Website: Pohsuan Zaide

Library: Terre & David Arscott

Advertising/Promotion: Hannamari Jalovaara

Facebook Page: co-managed by Pohsuan Zaide & Hannamari Jalovaara

Volunteers: Diane Shoemaker, Lynda Price, Judith Allan, Enid Muirhead, David Roomy, Keifer Elliott, Roberto DuBruc, Tracy Boshard, Anne Bosch, Marlene Schiwy, Ana Mozol

The C.G. Jung Society of Vancouver is a non-profit charitable society; any donations beyond the membership fees are tax deductible and gratefully accepted. Membership in the society is open to anyone interested in the work of C. G. Jung.

The Society does not endorse any event listed herein; with the exception of its Calendar of Events. Further, it accepts no responsibility whatsoever for difficulties or damages resulting from interaction with any therapist, program or event, including the Calendar of Events.

C.G. Jung Society of Vancouver

Box 219 – 1917 West 4th
Ave. Vancouver B.C. V6J
1M7 604-261-1590

Website:
www.jungvancouver.org

FaceBook:
C.G. Jung Society of
Vancouver

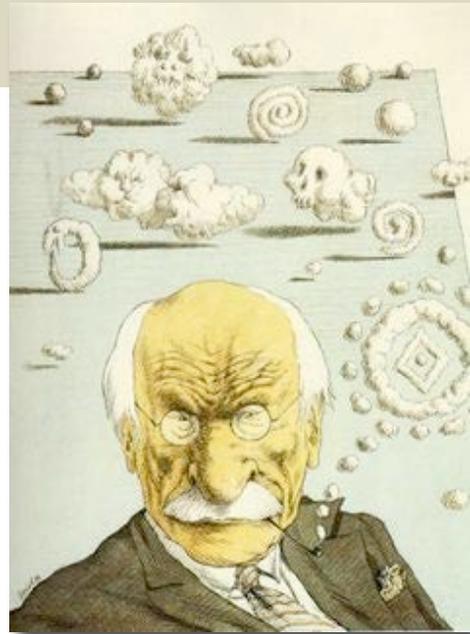
What's on our Minds

Here is a sampling of some current topics that have been discussed in our board meetings. We invite you to contribute to our conversation. Let us know if you have any questions, suggestions, requests or comments.

Sound and our Microphones: Our ongoing quest to make the sound experience as good as possible for both our audience & the speaker...We've been frustrated with the limitations of our lavalier mic for speakers who tend to speak in a softer voice at times, or throughout a lecture. There are limits to how high the sound can be turned up before we start getting earsplitting feedback. We've been doing some research into buying a new type of directional mic.

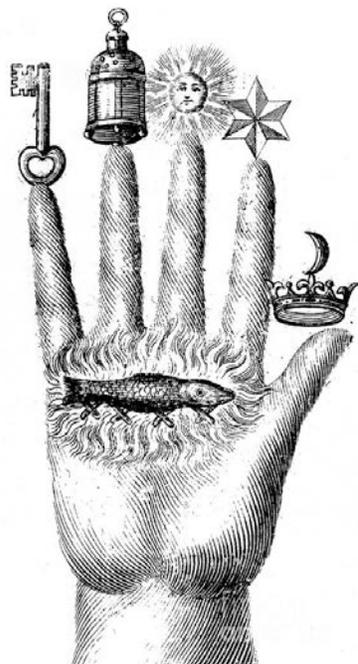
Student Memberships: We want to encourage students to attend our programming, and so we've been talking about having either, a reduced membership rate, (\$20/\$15/\$10?) or a reduced ticket price for students.

The Q & A portion of our lectures: From time to time, our audience members express frustration about the Q&A, and want it to be more 'managed'. As the Q&A is an extension of the lecture, we feel it is in the hands of the presenter to manage as it unfolds, and we provide the container for this to happen. There is always an element of the unknown with this situation, and we do our best to support & allow both the speaker & the audience the time & space they need to listen & respond to each other. This means it can sometimes be an uncomfortable space, and it helps to try to 'hold the tension' and be patient.



"I have noticed that dreams are as simple or as complicated as the dreamer is himself, only they are always a little bit ahead of the dreamer's consciousness."

C.G. Jung, "Lecture Four," The Tavistock Lectures, *Analytical Psychology: Its Theory and Practice*, p. 122



2015 Programming Preview

January 30: Ana Mozol

Salome's Dance: Courting Anima Mundi

February 27: Mae Stolte

The Void: Abyss of Terror or Divine Source of Creativity?

March 27: John Betts

A contemporary film analyzed through a Jungian lens
*Film title TBA

May 8 & 9: James Hollis

The Personal Myth in Turbulent Times

