

Fall 2017 C.G. Jung Society of Vancouver

The Art of Outgrowing Your Problems



October 20
7:30 pm



The greatest and most important problems in life can never be solved, only outgrown.

C.G. Jung

In contemporary culture, and in many current approaches to therapy, we tend to respond to our problems with heroic efforts to “solve” them. This holds out the promise of fast relief from our symptoms, but minimizes the importance and the value of engaging the unconscious, and therefore runs the risk of robbing our lives of depth, nuance, meaning, and individuality. C.G. Jung suggested a different approach: instead of trying to *solve* our problems, we might *outgrow* them. What does this mean, and how can we go about it? Starting with ideas Jung presents in *CW13*, this lecture will draw on poetry, film, comics, music, photography, and more to explore these questions.



Dan Keusal, M.S., LMFT is now in his 25th year as a Jungian psychotherapist in Seattle. He is the author of dozens of essays integrating depth psychology, spirituality, and everyday life. He has been invited to speak at Microsoft, Providence Health Systems, Seattle University, the Northwest Astrological Conference, and dozens of other churches, businesses, and community & professional groups. His personal passions include baseball, movies, playing the guitar, photography, independent bookstores, and coffee. For more on Dan & his work, visit: www.DanKeusal.com.

Tickets sold at the door \$10 Members \$15 Non-Members

Museum of Vancouver at 1100 Chestnut St., Vancouver

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