

Spring 2017 Lecture Series C. G. Jung Society of Vancouver

Crisis of Selfhood

The Challenge of Staying Whole in a Fractured World



March 24

7:30 pm

Museum of Vancouver

The divisive forces of our world pose the greatest threat to the survival of humans, and indeed of all other species, on this planet.

How can we become and stay psychologically whole and healthy when structures that support the development of our full selfhood and ethical engagement with the world are lacking? And if this is the case, what can we say about the health of the collectives to which we belong?

The process of becoming a person or self involves honing and expanding our consciousness. We find our selfhood through ongoing acts of definition, discrimination, suffering the consequences of choice and conflict, and then growing beyond forces that threaten to tear us apart. Analytical psychology calls these the tasks of *individuation*—the self-actualizing, personality-forming process—that transforms an undifferentiated being into a unique, fully-formed person capable of personal authority, self-reflection, and moral judgment.

This lecture uses a Jungian lens to examine the development of selfhood as a psychological imperative in which our struggles with identity, meaning, purpose, and moral development are both formative and potentially destructive. We expand the idea of individuation to include a component of alchemy's *unus mundus*—one world—and discuss what that implies for the healing of the planet.



Pohsuan Zaide, PhD, RCC, is an instructor and psychotherapist. She received her doctorate in Jungian Studies and Transformative Social Change from Saybrook University. Her work includes bringing the visionary work of C. G. Jung into public arenas such as education, social and environmental activism, and peace work.

Tickets at the door \$10 Members \$15 Non-Members
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