

2019 Fall Program C.G. Jung Society of Vancouver

To Hear What Cannot Yet Be Seen: Jungian Music Psychotherapy



November 22 7:30 pm Museum of Vancouver

Music is everywhere in our lives and we are all witness to musical symbols arising from our psyche both day and night. This experiential presentation offers a rare glimpse into Jungian analytical psychology through the lens of musical expression and introduces an approach called Archetypal Music Psychotherapy (AMP). Through clinical storytelling of transformative moments, musical anecdotes and psychodynamic myth we will explore how to integrate the most effective aspects of music-centred psychotherapy into your own personal and communal work and life. Together we will investigate musical approaches to finding meaning within the human experience including aspects of grief, loss, trauma, anxiety, ageing, transitions, addiction, pain and the depressions of life.

We will work with common archetypal images such as the Shadow, Trickster and Hero, based on the principle that music carries symbolic content, which can take us into reparative realms of affect, psyche and soma. We will consider how music operates within the psyche and investigate the role that psychoacoustics and quantum physics have played in developing a deeper understanding of how music and sound mediate our daily life.

For anyone interested in exploring a depth-oriented approach to working with sound, please join us. No musical experience is necessary to attend.

After giving a TEDx talk on this same topic, Joel published his new book:
"JUNGIAN MUSIC PSYCHOTHERAPY: WHEN PSYCHE SINGS" (2019) Routledge.
This presentation will include short readings from the book.

"Joel's new book significantly helps round out the rich array of tools Jung left therapists everywhere, furthering the assignment of therapy to recover a relationship to those elemental soundings which resonate in our blood, our souls, and our imaginations."

James Hollis, PhD, Jungian Analyst and author, Washington, D.C.



Joel Kroeker, DAPsych, MA, MMT is a Swiss-trained Jungian psychoanalyst, musician and writer based in Victoria. Drawing on over 20 years of diverse experience Joel has trained thousands of international practitioners in his original modality of Archetypal Music Psychotherapy across North and South America and parts of Europe. Kroeker is also an award winning international recording artist who offers a range of online courses and clinical supervision in the field of music-centred psychotherapy. For more info please visit: www.joelkroeker.com

Tickets sold at the door \$15 Members \$20 Non-Members

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