



## The Red Book: One Man's Personal Odyssey or a Timeless Quest?

In an age in which we are encouraged to turn outwards for quick answers about our life and our place in the world, what use do we have for the insights and ideas derived from one man's psychedelic and tortured explorations of his inner gods and demons? Why should we, with our advanced technological culture and scientific rationalism, care about one man's search for his soul?

The Red Book is a story of both genius and madness, possession and obsession. But it is not just one man's personal odyssey – it is a story of how discord, demoralization, and fracture can lead to psychological integration and healing for both individual and cultural breakdowns, a story as relevant to our age as it was for the times in which it came to be. In this presentation, we will explore how Jung's quest to understand his own midlife crisis bestowed upon humanity the knowledge of what makes us fully human, and how that knowledge just might help us survive the turbulence and divisiveness of our times.

April 26<sup>th</sup> at 7:30 pm



**Pohnsuan Zaide, Ph.D.**, is Jungian scholar and psychotherapist with a doctorate in Jungian studies from Saybrook University (San Francisco). Pohnsuan has taught courses in Jungian psychology for Simon Fraser's Continuing Studies Department in Vancouver. Her clinical practice focuses on helping individuals through difficult life transitions, past traumas, and issues related to meaning, purpose and vocation. She is passionate about bringing the visionary insights of C. G. Jung out of the clinical-academic world into cultural arenas such as public education, social and environmental activism and peace work.

Tickets sold at the door \$15 Members \$20 Non-Members Museum of Vancouver

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